

Appointed Person in Care Homes First Aid Course Description

Aims & Objectives

The aims and objectives of the Appointed Person in Care Homes First Aid course is to provide the attendees with the essential skills required to carry out basic life support necessary to save an adults life until the emergency services arrive. All attendees will gain an understanding of the importance of how and when to activate the emergency services.

General Information

Maximum of 16 attendees per Instructor

Cost of On Site Training - £399*+ vat for the complete training package including comprehensive training manual, certificate and all training aids for use throughout the course.

*Please add an additional 10% for courses within London (please contact the office for a definition of this area)

Course Duration

4 ½ Hours

Delivery Technique

This course is delivered via a range of techniques including;

- Instructor Led Presentation
- Group Practice
- Group Discussion
- PowerPoint
- Video Presentation

The amount of different methods of presentation is flexible to suit the needs of the group.

Course Assessment

This course is subject to ongoing assessment by the Instructor throughout the course. There is no final assessment. The Instructor observes attendees practice sessions as the training progresses to ensure the required level of competence.

Course Certification

All successful attendees will be awarded a certificate which meets all the requirements for an Appointed Person in the Workplace as recommended by the Health & Safety Executive (HSE).

What do I need to host this course on site?

- A room that will comfortably seat your amount of attendees and allow for floor practice for the duration of the course

Appointed Person in Care Homes First Aid - Course Content and Timetable

Day One

09.00 – 09.15	Introduction & Course Administration
09.15 – 09.30	Roles of the Appointed Person
09.30 – 10.00	Primary Assessment
10.00 – 10.20	Recovery Position
10.20 – 10.40	Secondary Assessment
10.40 – 10.55	Break
10.55 – 11.30	CPR
11.30 – 12.00	Choking
12.00 – 12.30	Bleeding
12.30 – 12.45	Diabetes
12.45 – 13.00	Epilepsy
13.00 – 13.15	Asthma
13.15 – 13.30	Questions and Answers
13.30 – 13.45	Course Closure and Evaluations