

## Appointed Person in Schools First Aid Course Description

### Aims & Objectives

The aims and objectives of the Appointed Person in Schools First Aid course is to provide the attendee with the essential skills required to carry out the basic life support required to save an adult or child's life until the emergency services arrive. All attendees will gain an understanding of the importance of how and when to activate the emergency services.

### General Information

Maximum of 16 attendees per Instructor

### Course Duration

One Day

### Delivery Technique

This course is delivered via a range of techniques including;

- Instructor Led Presentation
- Group Practice
- Group Discussion
- PowerPoint
- Video Presentation

The amount of different methods of presentation is flexible to suit the needs of the group.

### Course Assessment

This course is subject to ongoing assessment by the Instructor throughout the course. There is no final assessment. The Instructor observes attendees practice sessions as the training progresses to ensure the required level of understanding.

### Course Certification

All successful attendees will be awarded a certificate which meets all the requirements for an Appointed Person in the Workplace as recommended by the Health & Safety Executive (HSE).

### What do I need to host this course on site?

- A room that will comfortably seat your amount of attendees and allow for floor practice for the duration of the course

# Appointed Person in Schools First Aid - Course Content

## Day One

Introduction & Course Administration

Roles of the Appointed Person

Primary Assessment

Recovery Position

Secondary Assessment

**Break**

CPR – Adult & Child

Choking – Adult & Child

Bleeding

Diabetes

Epilepsy

Anaphylactic Shock

Asthma

Questions and Answers

Course Closure and Evaluations