



First Aid at Work Instructor Course Description

Aims & Objectives

The aims and objectives of the First Aid at Work Instructors course are to equip the attendee with the skills and knowledge required to teach and assess HSE First Aid courses. Upon successful completion each successful attendee will be qualified to teach / assess the following courses under the Enhance Training licence.

- ❑ HSE First Aid in the Workplace (Full and Requalification) – Teach and Assess
- ❑ Appointed Person in the Workplace
- ❑ 12 Hour Paediatric First Aid (Meets OFSTED Requirements)
- ❑ 3 Hour Emergency Responder

See timetable below for full list of topics covered.

General Information

Cost for Individual Enrolling on a Course - £399 + vat

Cost of On Site Training - £1999 + vat (Maximum of 10 attendees per Instructor)

There are no further costs associated with our Instructor course we do not charge for the Power Point presentations this is all part of our comprehensive package.

Pre Requisites

- ❑ Current HSE First Aid at Work Qualification
- ❑ Training Qualification / Experience
- ❑ Experience of carrying out First Aid

Course Duration

3 Days

Delivery Technique

This course is delivered via a range of techniques including;

- ❑ Instructor Led Presentation
- ❑ Group Practice
- ❑ Group Discussion
- ❑ PowerPoint
- ❑ Video Presentation

The amount of different methods of presentation is flexible to suit the needs of the group.

Course Assessment

All attendees are required to undertake a CPR practical assessment and a multiple choice question paper on the first day of the course and each will also be assessed on their own presentation skills throughout the course.

Course Certification

All successful attendees will be awarded a certificate valid until 31st December of current year – this will be renewed for free annually upon proof of current First Aid at Work Certificate and training log showing at least 24 hours certificated teaching per annum.

What do I need to host this course on site?

- A room that will comfortably seat your amount of attendees and allow for floor practice for the duration of the course

First Aid at Work – Course Content and Timetable

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| Day One | 09.30 – 09.45 | Introduction & Course Administration |
| | 09.30 – 09.45 | Overview of the Course and Timetable |
| | 09.45 – 10.00 | Introduction to Enhance Training |
| | 10.00 – 11.00 | Theory & Practical Assessment of First Knowledge Aid |
| | 11.00 – 11.15 | Break |
| | 11.15 – 12.00 | Introductory 5 minute Presentations |
| | 12.00 – 12.15 | What makes a Good Instructor |
| | 12.15 – 12.30 | Essential Skills of an Instructor |
| | 12.30 – 13.15 | Lunch |
| | 13.15 – 13.45 | Elements of Running a Successful Course |
| | 13.45 – 14.30 | Pre Course / On Course and Post Course Administration |
| | 14.30 – 14.45 | Break |
| | 14.55 – 15.45 | Visual Aids |
| | 15.45 – 16.15 | PowerPoint Presentations |
| 16.15 – 16.30 | Questions & Answers | |

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| Day Two | 09.00 – 09.20 | Recap of Day One |
| | 09.20 – 10.00 | Running a Successful Assessment |
| | 10.00 – 10.45 | Casualty Simulation |
| | 10.45 – 11.00 | Break |
| | 11.00 – 12.30 | Paediatric BLS (Practical Session) |
| | 12.30 – 13.15 | Lunch |
| | 13.15 – 15.30 | Student Led Practical Presentations |
| | 15.30 – 15.45 | Break |
| | 15.45 – 16.15 | First Aid at Work Assessment (Practical Session) |
| | 16.15 – 16.30 | Questions and Answers |

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| Day Three | 09.00 – 09.20 | Recap of Day Two |
| | 09.20 – 10.00 | Training Equipment Requirements |
| | 10.00 – 10.45 | First Aid at Work (Full and Refresher Syllabus) |
| | 10.45 – 11.00 | Break |
| | 11.00 – 11.20 | Appointed Person Syllabus |
| | 11.20 – 11.40 | Paediatric First Aid Syllabus |
| | 11.40 – 12.00 | Emergency Responder Syllabus |
| | 12.00 – 12.30 | Helpful Tips and Tricks |
| | 12.30 – 13.15 | Lunch |
| | 13.15 – 14.45 | Student Led Theory Presentations |
| | 14.45 – 15.00 | Break |
| | 15.00 – 15.30 | Ongoing Support Package |
| | 15.30 – 16.00 | Administration and Instructor Handbook |
| | 16.00 – 16.15 | Questions and Answer |
| 16.15 – 16.30 | Course Closure and Evaluation | |