

Anaphylaxis First Aid Course Description

Aims and Objectives

The aims and objectives of the Anaphylaxis First Aid Course are to equip all attendees with the knowledge required in the prevention, recognition and treatment of severe allergic reactions including the use of auto injectors.

General Information

Maximum of 16 attendees per instructor

Course Duration

3 Hours

Delivery Technique

This course is delivered via a range of techniques including;

- Instructor led presentation
- Group discussion
- PowerPoint

The amount of different methods of presentation is flexible to suit the needs of the group.

Course Assessment

This course is subject to ongoing assessment by the instructor throughout the course. There is no final assessment. The Instructor observes attendees practice sessions as the training progresses to ensure the required level of understanding.

Course Certification

All successful attendees will be awarded a certificate which is valid for three years.

What do I need to host this course on site?

- A room that will comfortably seat your amount of attendees.

Anaphylaxis First Aid Course Description

Half Day

Introduction & Course Administration

Allergic Reactions

- What is an allergic reaction
- Who develops them
- Food intolerance
- Types & Causes
- IGe antibodies and their effects
- Body reaction Signs & Symptoms
- Identifying causes
- Foods and Hidden ingredients

Break

Anaphylaxis

- Anaphylaxis campaign and first aid for casualty
- Real cases
- Treatment
- Emergency Action Plan
- Help parents "let go" when child goes to nursery / school
- Epi-pen and Ana-pen trainers
- Dispelling myths