

Emergency Responder First Aid Course Description

Aims & Objectives

The aims and objectives of the Emergency Responder First Aid Course are to provide the attendee with knowledge of basic life support skills. Attendees will be shown how to cope should they be faced with a life threatening first aid emergency. This course is ideal as an introduction to first aid or as an annual update. This course does not meet the requirements laid down by the HSE (Health and Safety Executive).

General Information

Maximum of 16 attendees per instructor

Course Duration

3 Hours

Delivery Technique

This course is delivered via a range of techniques including;

- Instructor led presentation
- Group practice
- Group discussion
- PowerPoint
- Video presentation

The amount of different methods of presentation is flexible to suit the needs of the group.

Course Assessment

This course is subject to ongoing assessment by the instructor throughout the course. There is no final assessment. The instructor observes attendees practice sessions as the training progresses to ensure the required level of understanding.

Course Certification

All successful attendees will be awarded a certificate which is valid for three years.

What do I need to host this course on site?

- A room that will comfortably seat the amount of attendees and allow for floor practice for the duration of the course

Emergency Responder First Aid - Course Content

Half Day

Introduction & Course Administration

Scene Assessment

Activating the Emergency Services

Initial Assessment

CPR

Break

CPR - continued

Recovery Position

Bleeding and Shock

Questions and Answers

Course Closure and Evaluations

This course can be tailored to meet your requirements – this is just our standard programme.