



## Emergency First Aid at Work (EFAW) Course Description

### Aims & Objectives

The aims and objectives of the Emergency First Aid at Work course are to provide the attendee with the essential skills required to carry out the emergency skills required to save a life until someone more qualified arrives to take over. This course is also the minimum acceptable by the HSE for First Aiders in small low risk companies.

NB – This course will also cover any specific requirements requested.

### General Information

Maximum of 16 attendees per Instructor

Cost of On Site Training - £399\*+ vat for the complete training package including comprehensive training manual, certificate and all training aids for use throughout the course.

\*Please add an additional 10% for courses within London (please contact the office for a definition of this area)

### Course Duration

6 Hours

### Delivery Technique

This course is delivered via a range of techniques including;

- ❑ Instructor Led Presentation
- ❑ Group Practice
- ❑ Group Discussion
- ❑ PowerPoint
- ❑ Video Presentation

The amount of different methods of presentation is flexible to suit the needs of the group.

### Course Assessment

This course is subject to ongoing assessment by the Instructor throughout the course. There is no final assessment. The Instructor observes attendees practice sessions as the training progresses to ensure the required level of understanding.

### Course Certification

All successful attendees will be awarded a certificate which meets all the requirements for an Appointed Person in the Workplace.

What do I need to host this course on site?

- ❑ A room that will comfortably seat your amount of attendees and allow for floor practice for the duration of the course

# Emergency First Aid at Work - Course Content

## Day One

Introduction & Course Administration

Roles of the Appointed Person

Primary Assessment

Recovery Position

Secondary Assessment

CPR

Choking

Bleeding and Shock

Diabetes

Epilepsy

Asthma

Questions and Answers

Course Closure and Evaluations