

## 12 Hour Paediatric First Aid Course Description

### Aims & Objectives

The aims and objectives of the 12 Hour Paediatric First Aid course are to enable those persons working within childcare with a sound knowledge and understanding of adult, child and baby first aid procedures. All attendees will also be able to recognise childhood medical conditions and carry out the correct emergency treatment required until medical professionals arrive to assist.

### General Information

Maximum of 12 attendees per Instructor

### Course Duration

12 Hours - This can be broken down into bite size chunks of training to suit your requirements. Training must be completed over a maximum of six weeks.

### Delivery Technique

This course is delivered via a range of techniques including;

- Instructor Led Presentation
- Group Practice
- Group Discussion
- PowerPoint
- Video Presentation

The amount of different methods of presentation is flexible to suit the needs of the group.

### Course Assessment

This course is subject to ongoing assessment by the Instructor throughout the course. There is a multiple choice theory assessment along with a short practical assessment on the final session of the training. All assessments are carried out in a low stress environment by the Instructor leading the course.

### Course Certification

All successful attendees will be awarded a certificate which meets all the requirements laid down by Sure Start, OFSTED and the NCMA, this certificate is valid for three years.

### What do I need to host this course on site?

- A room that will comfortably seat your amount of attendees and allow for floor practice for the duration of the course

# 12 Hour Paediatric First Aid - Course Content

## Day One

Introduction & Course Administration  
First Aid in the Childcare Environment  
Primary Assessment  
Recovery Position  
**Break**  
Secondary Assessment  
CPR – Adult / Child & Baby  
**Lunch**  
Choking – Adult / Child & Baby  
Burns & Scalds  
Head & Spinal Injuries  
Foreign Bodies in Eyes / Ears & Nose  
Bites & Stings  
Eye Injuries

## Day Two

Recap of Day One  
Bleeding & Wounds  
Shock Management  
Fractures & Dislocations  
**Break**  
Poisoning  
Epilepsy & Febrile Convulsions  
Diabetes  
Anaphylactic Shock  
Electrical Shock  
Asthma  
**Lunch**  
Conditions of Heat and Cold  
Meningitis  
Sickle Cell Anaemia  
Questions and Answers  
Assessments  
Course Closure and Evaluation

Please note that this session plan shows a course broken down into two sessions however we are also able to deliver this over four three hour sessions.