

12 Hour Paediatric First Aid Course Description

Aims & Objectives

The aims and objectives of the 12 Hour Paediatric First Aid course are to equip all attendees working within childcare with a sound knowledge and understanding of adult, child and baby first aid procedures. All attendees will also be able to recognise childhood medical conditions and carry out the correct emergency treatment required until medical professionals arrive to assist.

General Information

Maximum of 16 attendees per instructor

Course Duration

12 Hours - This can be broken down into bite size chunks of training to suit your requirements. Training must be completed over a maximum of six weeks.

Delivery Technique

This course is delivered via a range of techniques including;

- Instructor led presentation
- Group practice
- Group discussion
- PowerPoint
- Video presentation

The amount of different methods of presentation is flexible to suit the needs of the group.

Course Assessment

This course is subject to ongoing assessment by the instructor throughout the course. There is a multiple choice theory assessment along with a short practical assessment on the final session of the training. All assessments are carried out in a low stress environment by the instructor leading the course.

Course Certification

All successful attendees will be awarded a certificate which meets all the requirements laid down by Sure Start, OFSTED, NCMA and EYFS. This certificate is valid for three years.

What do I need to host this course on site?

- A room that will comfortably seat the amount of attendees and allow for floor practice for the duration of the course

12 Hour Paediatric First Aid - Course Content

Day One

Introduction & Course Administration
First Aid in the Childcare Environment
Primary Assessment
CPR, Adult, Child, Baby
Choking
Asthma
Allergies and Anaphylactic Shock
Wounds & Bleeding
Electric Shock
Burns & Scalds

Day Two

Recap of Day One
Dressings & Bandages
Fractures & Dislocations
Secondary Survey & Recovery Position
Poisoning
Epilepsy & Febrile Convulsions
Diabetes
Conditions of Heat and Cold
Meningitis
Sickle Cell Anaemia
Questions and Answers
Assessments
Course Closure and Evaluation

Please note that this session plan shows a course broken down into two sessions however we are also able to deliver this over four three hour sessions. Lesson plan timings may vary.